SRI SATHYA SAI GLOBAL COUNCIL

PRASANTHI NILAYAM
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K Chakravarthi IAS (Retd)
Chairman

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Dear Brothers and Sisters,

Sai Ram!

"Several devotees come to me and complain, "Lord! I am suffering from this problem," "I am suffering from some headache," "I am suffering from stomach ache," I give them all the same reply, "Santhosham" (I am happy) to every one. When a bereaved wife tells me that her husband has departed, then also I say Santosham. You may wonder why I give the same reply to all such persons. Santhosham is not the common type of joy or happiness, the transient, trivial pleasure you get from worldly success or material gain. "San" means anything gained through fair means, honourable methods. Thosham is Sacred, Holy, exaltation, ecstasy. Of all the gifts that you receive from God, the greatest gift is Santosham. The opposite of Santhosham is "Sorrow", which is the fruit of Asha or Desire that arouses hope and most always results in disappointment or despair. One Asha engenders another; one desire proliferates into a hundred, even when it is fulfilled. Asha or desire is like the shadow caused by the morning Sun - it gets longer when you run to catch it. It tantalises you and makes you a fool. It shows no justification and has no end. So, Santhosham is the supreme blessing of the Lord, who in His Infinite Love, puts an end to that unquenchable thirst. No wealth or other attainment can equal it in efficacy. Santhosham is the culmination of Desire in full Contentment and sacred satiety."

Sathya Sai Speaks, Volume 8, page 146

Bhagawan's Birthday on 23 November 2026 marks the culmination of the Centenary celebrations of the advent of the Poorna Avatar of the Kali Yuga. Throughout the celebrations, devotees from across the world gathered in Prasanthi Nilayam to offer their love and devotion to Swami. Our hearts are filled with gratitude for offerings that included the Global Young Adults Conference, the Ati Rudra Maha Yagna, the Global Mahila Conference, the World Conference and the Bal Vikas Gurus Conference.

Across the globe, devotees have offered their flowers at Swami's Lotus Feet with dedication and love: Narayana Seva feeding the hungry through the cold winter months; medical camps serving the underprivileged; hours of continuous bhajans as devotional offerings; eye clinics for the elderly; clean-up drives in our local environments in gratitude to Mother Earth; and the many children participating in regular Bal Vikas classes and events. In countless ways, devotees everywhere continue to offer their garlands of love to Swami.

As we reflect on Bhagavan's life and mission over the past 100 years, we look ahead to the next 100, a century in which each of us embodies His teachings, love and legacy. To realise the inherent divinity within, to live and serve in the love and light that is Sai, and to go about our daily tasks as offerings to Him: this is how we carry His mission forward.

To every devotee who has shared in this journey, we acknowledge your efforts to deepen your relationship with Swami, and all that you have nurtured, from the local centres to the national and international levels. Together, we step into the next hundred years with Swami, in unity and humility.

Swami's message belongs to all people and to all faiths. His love touches everyone and everything.

"All faiths have emphasized one common factor - that there is only One God and Truth is His form. There are no differences between Hindus, Muslims and Christians on this basic concept. All religions, all scriptures, all spiritual teachings point only to one truth - the unity of Divinity."

Sathya Sai Speaks, Volume 18 (25 December 1985)

To our senior devotees, we acknowledge the tireless dedication you have given over decades, and your efforts in establishing the grassroots centres of the Organisation that bring communities together. You have truly been torchbearers of this Avatar. You have built a strong and sturdy foundation that will stand the

test of time across all wings and programs of the Organisation – Spiritual, Educational, Service, Young Adultsand Ladies Wings.

Our Young Adults have proven time and again that they are lions and leaders, ready to carry the torch forward. Fuelled by the energy and vibrancy of youth, they bring clarity of purpose and determination to building the scaffolding needed for the next hundred years. Children who grew up in Bal Vikas are now taking on senior roles in their centres. The roots are strong, and the branches are reaching far and wide.

To the parents and Gurus guiding our children along the Bal Vikas path: you are laying the foundation for the future. Because you have taken the time to draw out the human values within them, these children, anchored in Swami and strong in their inner world, will be the ones carrying the torch tomorrow.

As we observe the challenges facing the world today, from pollution of Mother Earth to political division, we can find solace and guidance in Swami's teachings and remain anchored in our faith. Let us not give in to feelings of helplessness; right action will dispel all fear. Each challenge calls for a response rooted in His teachings:

- Pollution and plundering of Mother Earth driven by endless greed – practise Swami's Ceiling on Desires to reduce waste, live simply and curb our individual material desires
- Political division and unrest – awaken righteousness in our own hearts and radiate the unity of all faiths from within
- Advances in technology and AI – ensure that science is always infused with human values

Sathya Dharmamu Santhi Premalatho
Nee nithya jeevana yathra saginchu
(Oh man! Carry on your life's journey with the help of
Truth, Righteousness, Peace and Love)

You must hold onto these principles, come what may. God will always protect such people. History is replete with such examples wherein people held steadfastly to the principles of Sathya and Dharma, and were constantly protected by God. One such example is that of the Pandavas and their chaste wife, Droupadi. You may argue, "Where is Sathya and Dharma in the present-

day world. Whom are they protecting?" This is a totally wrong argument. If you protect Sathya and Dharma, they will in turn, stand before you and protect you. They are the very embodiments of divinity. Unfortunately, today, instead of Sathyam vada (speak truth) and Dharmam chara (practice righteousness), people are following the distorted version Sathyam vadha (kill truth) and Dharmam chera (imprison righteousness). This is utter perversion. You should lead your lives based on Sathya and Dharma and consider them as more important than your lives."

Sathya Sai Speaks, Volume 37, page 219 (2004)

Dear Brothers and Sisters, may the light in your loving hearts shine brighter each day, may the peace in your minds bring you comfort, and may your intellect be your sharpest instrument. May you feel Bhagawan's hand in your decisions and undertakings.

Let us all rejoice in Bhagavan Baba's glorious Birthday!

Samastha LokahSukhino Bhavanthu

Yours in Sai Seva

K Chakravarthi